



Governor's Advisory Commission on Opioids and Addiction

Supply Prevention

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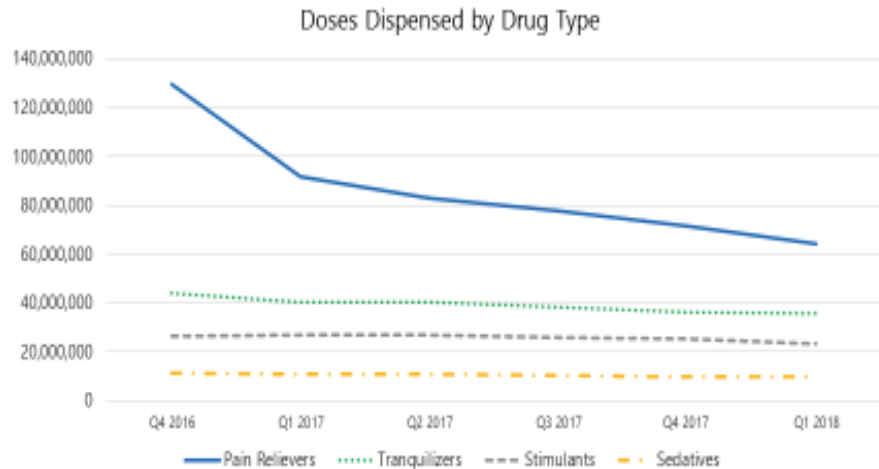
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Supply Prevention Workgroup

- ▶ DHP, DMAS, VDH, DBHDS, VSP
- ▶ Overall Goal: only those patients who need the medication and for whom it was prescribed receive it
- ▶ Overall Metric: Number of prescriptions dispensed

Workgroup Supply Prevention



From the fourth quarter of 2016 to the first quarter of 2018 Pain Reliever Doses declined from 129,797,789 to 64,291,723 which represents a 49.53% decline. In that same time period, tranquilizer doses declined by 19.17% and sedatives declined by 12.59%. There was a 12.31% decline between the fourth quarter of 2016 & the first quarter of 2018 for stimulants but there was an increase from the fourth quarter of 2016 to peak in the first quarter of 2017.

www.dhp.virginia.gov



Immediate Priority: Drug Disposal

- ▶ Increase Available Drug Take-Back Sites
 - ▶ 32 sites were added in June
 - ▶ 94 total sites in the Commonwealth
- ▶ Publicize the Location of these sites
 - ▶ Present an interactive map of take-back sites on the Board of Pharmacy website (pending)



Immediate Priority: Education

- ▶ Core Competency Guidelines
 - ▶ Available for prescribers and non-prescribers
 - ▶ Developed collaboratively
 - ▶ Distribution to Deans of all professional schools
 - ▶ DBHDS, DHP, VCU producing 4 hours of on-line instruction



Midterm Priority: Education

- ▶ Best practices in pain mgt
 - ▶ Metrics: Number of presentations to provider groups
 - ▶ Number of attendees
 - ▶ Number of Opioid Rx
- ▶ Best practices in addiction mgt
 - ▶ Metrics: Number of x-waivered providers
 - ▶ Number of waived providers in practice
- ▶ Best practices in non-opioid and non-pharmacologic pain control



Midterm Priority: Beyond Education

- ▶ Best practices in non-opioid and non-pharmacologic pain control
 - ▶ Enhance Medicaid Coverage
 - ▶ Acupuncture
 - ▶ Chiropractic manipulation
 - ▶ Yoga
 - ▶ Tai chi
 - ▶ Medical massage
 - ▶ Mindfulness
 - ▶ CBT

Questions/Comments